

Christmas

Opening Hours

The Gauntlet Fight Academy

23 OPEN
10:30 - 16:00

29 OPEN
10:15 - 14:30
19:00 - 21:30

24 ACADEMY
CLOSED

30 OPEN
10:30 - 14:30
19:00 - 21:30

25 ACADEMY
CLOSED

31 DECEMBER
CLOSED

26 ACADEMY
CLOSED

01 JANUARY
CLOSED

27 NORMAL
HOURS

02 OPEN
10:30 - 17:00

28 OPEN
10:30 - 14:30

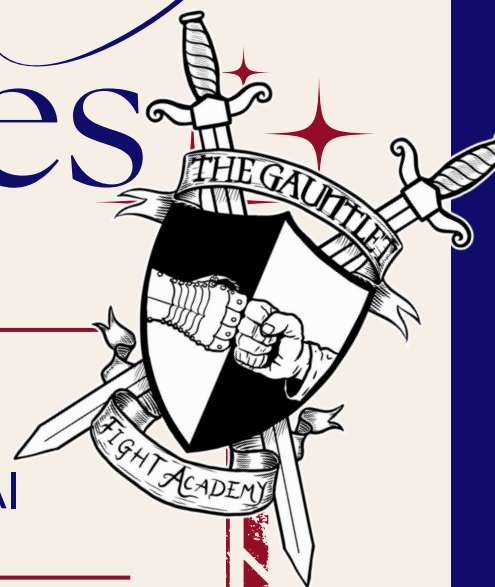
03 NORMAL
HOURS

CLASS TIMES AVAILABLE ON BOOKING APP



Christmas

Changed Classes



23

OPEN 10:30 - 14:30

11:00 YOGA, 12:00 NO GI, 13:00 MUAY THAI

28

OPEN 10:30 - 14:30

NO KIDS BJJ, NO KIDS MUAY THAI. 12:00 - 13:00 BJJ
GI OPEN MAT

29

OPEN 10:15 - 14:30 ; 19:00 - 21:30

10:15, HIIT, 11:00 BOXING, 12:00 BJJ, 13:00 MMA.
19:00 BJJ ALL LEVELS, 20:15 MUAY THAI

30

OPEN 10:30 - 14:30; 19:00 - 21:30

11:00 YOGA 12:00 NO GI, 13:00 MUAY THAI,
19:00 BJJ ALL LEVELS ; 20:15 MT ADVANCED / BOXING

02

OPEN 10:30 - 17:00

10:15 HIIT, 11:00 BOXING, 12:00 BJJ OPEN
MAT 13:30 MMA 15:00 MUAY THAI

LAST KIDS BJJ 19/12/2025 RETURNING 05/01/2026
MORNING CLASSES AS USUAL 22ND, 23RD, 29TH & 30TH
DECEMBER ONLY

CLASS TIMES AVAILABLE ON BOOKING APP