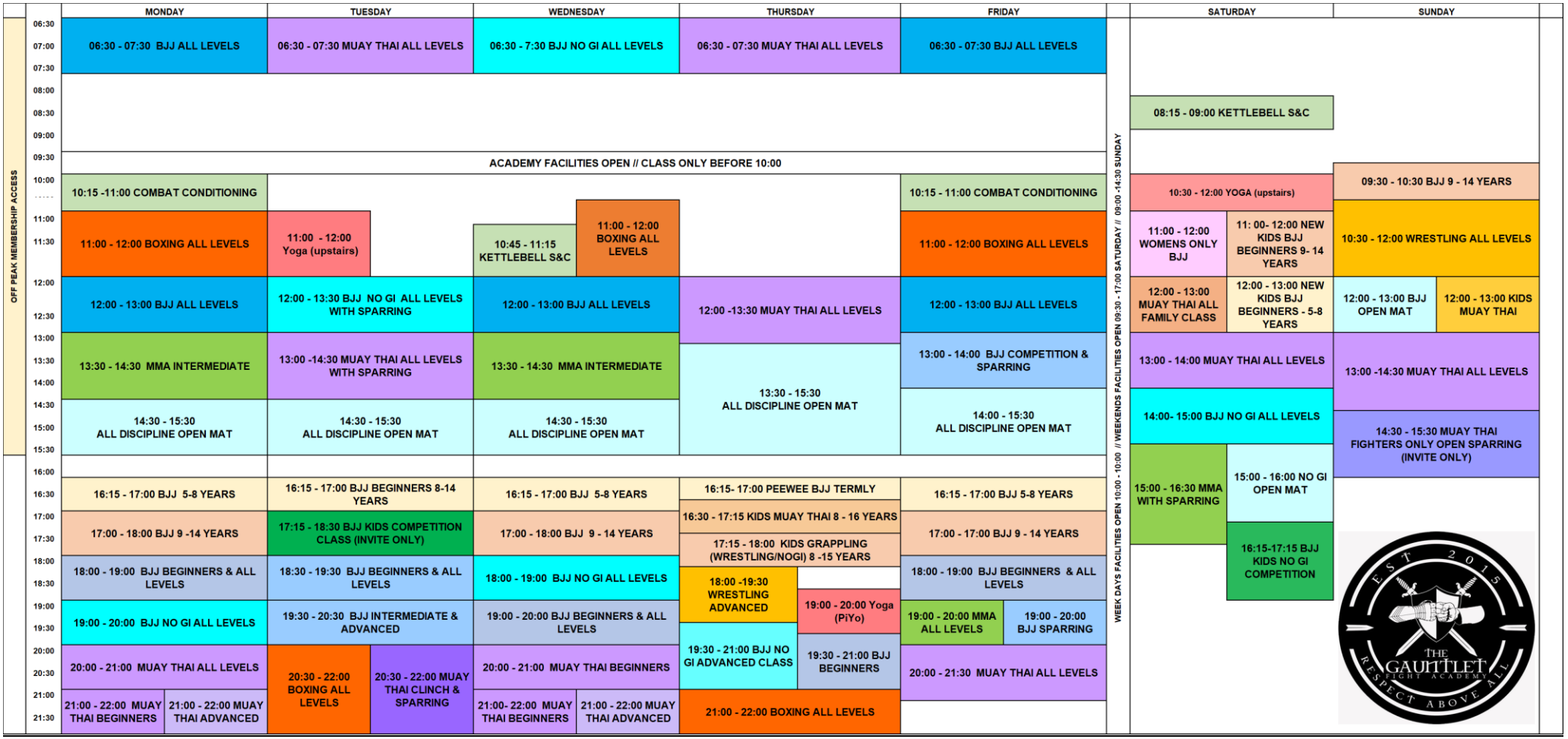


Gym Opening Hours & Functional Training Area Access Times:

Monday to Friday: 10:00 – 22:00

Saturday: 09:00 – 16:30

Sunday: 9:00 – 14:30

Trials & Introductions:

BJJ Adult: Mondays, Wednesday and Friday at 19:00 (90 mins)

Kids & All disciplines: *www.thegauntletfightacademy.com/book-online*

Club Contacts: *reception.gfa@gmail.com* (email) // *07512098762* (WhatsApp) // *1A Haven Green, Ealing Broadway W52UU* (Location)

Follow us at @thegauntletfightacademy

FAQ SHEET

Direct Debit Membership Options

Access to gym & open mat 7 days a week

- **ADULT BASIC** - £80 Monthly - Train two days per week
- **ADULT PREMIUM** - £125 Monthly - Unlimited Training
- **ADULT OFF PEAK** - £90 Monthly - Unlimited Training Weekdays till 15:30
- **NON COMBAT -** £50 Monthly - Unlimited Yoga & Conditioning

Non Direct Debit Membership Options

ADULT CLASS BUNDLE - £175 for 10 classes (6 months expiry)

UP FRONT MEMBERSHIP

- **1 Month** £95 Adult Basic/ £140Adult Premium / £105 Off Peak
- **6 months -** 7% discount, no joining fee
- **12 months -** one month free, no joining fee

Membership T&C'S

- We're so confident you'll love your training here, our membership are not fixed term contracts.
- All Direct Debit Memberships are monthly rolling and require a 30 days notice to cancel which must be given in writing.
- Our standard joining fee is £25
- Membership freeze or changes (upgrade or downgrade must be requested in writing 2 weeks before payment date.

Kids Membership

- **KIDS BASIC** - £60 Monthly - One Set Class Per Week
- **KIDS PLUS** - £80 Monthly - Two Sessions a week of your choice
- **KIDS UNLIMITED** - £90 Monthly - Unlimited Training In All Kids Classes

Important Info

- Once your membership has started, you must book your classes via our app **yourapplus.**
- When you scan your membership card you'll be checked in for class.
- If you book and no-show 2 times in a 7 day period, you'll get a 3 day booking penalty.

Equipment Requirements

BJJ - Adults and Kids - White GFA Gi & GFA rashguard
No Gi - GFA Rashguard and Shorts (no zips or pockets)
Wrestling - GFA Rashguard & Shorts (no zips or pockets)
Muay Thai - Lycra or Dry Fit top & Shorts (no zips or pockets) Boxing Gloves 14oz or 16oz. Hand Wraps, Shin Guards, Mouthguard
Boxing - Lycra or Dry Fit top & Shorts (no zips or pockets) Boxing Gloves 14oz or 16oz , Hand Wraps, Mouthguard
MMA - GFA Rashguard & Shorts (no zips or pockets.